

SPRING 2010

The Parent Center

Salinas Adult School
20 Sherwood Place
Salinas, CA 93906
(831) 796-6970



Parenting The Infant

SHARING TIMES

Mary Haas, Instructor (831) 796-6970
April 6-June 1/Tuesday
10:00-12:00 p.m.
0-12 months/Fee: \$30

This class is geared for parents and mobile babies from 0-12 months old. This course offers infant development, nutrition, health, safety, and emotional and social development.

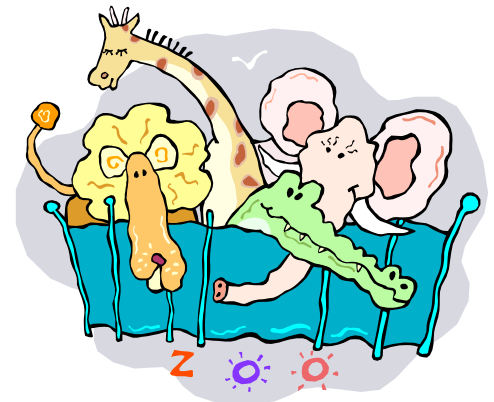
<u>Class</u>	<u>Date</u>	<u>TOPICS</u>
1	4/06	Introductions: health regulations; class overview; philosophy; expectations; responsibilities
2	4/13	Nutrition; starting solids
3	4/20	Your baby's amazing brains
4	4/27	Games babies play
5	5/04	Social/Emotional Development
6	5/11	Baby's Health
7	5/18	Discipline: Setting limits with love
8	5/25	Make a song book
9	6/1	Last class: pot luck/evaluations/What's next?

Calendar of Events

Group Field Trip to...Happy Hollow Park and Zoo (located in San Jose)
Friday, May 28th. You must purchase your tickets in advance at the Parent Center front desk.

- \$8.00 per person
- Park entry time is 10:00 a.m.

Map with directions will be provided upon registration.
Please register by Thursday, May 27th.



Visit our website @
salinasadultschool.com

Childcare and Preschool Programs available on site

**NO REFUNDS GIVEN UNLESS
CLASS IS CANCELLED**

