

## Exercise 2-4: Generating Solutions

**INSTRUCTIONS:** Choose one of the situations below (from Exercise 2-1), look at the unmet needs and generate several solutions.

- A. "Matthew (age 2½) is a crybaby. When I leave him, he cries and clings to me, making a big fuss. He is the biggest baby around."
- B. "Mary (age 3) is a lazy dawdler. She won't concentrate on dressing unless I am right there beside her. I have trouble getting her dressed and getting to work by 9 AM."
- C. "Margaret (18 months) is so uncoordinated, she can't do anything. She can't even build a tower of four blocks like Amy. Whenever the blocks fall down, she whines and cries."

Problem: \_\_\_\_\_  
\_\_\_\_\_

Unmet needs: \_\_\_\_\_

Possible solutions:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_

**POSSIBLE ANSWERS:** These are possible answers for Mary the slow dresser. Your answers will vary with the situation you chose and your assessment of it. **Problem:** Mary dresses slowly alone. **Needs:** Father needs to be on time to work.

**Possible solutions:** (Reminder — When generating solutions, do not limit yourself to acceptable ones.)

1. Father could schedule work later and get up at the same time.
2. Get Mary up earlier, so she would have more time.
3. Take Mary to the babysitter's in her pajamas.
4. Read Mary a story if she is dressed on time by herself.
5. Dress Mary yourself.
6. Give Mary a treat for breakfast if she is ready on time.
7. Let Mary wear her clothes to bed.
8. Have Mary dress in parent's room while the parent dresses.
9. Have Mary dress in the kitchen while breakfast is being fixed.
10. Have Mary dress at the neighbor's.