

### Exercise 5-3: Shaping

**INSTRUCTIONS:** Assume that you have a small child who wants very much to put on her "long pants" but is having trouble. Divide the task of putting on pants into at least SIX small steps for her.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

**POSSIBLE ANSWERS:**

1. Spread pants flat on the floor.
2. Sit down at waist opening.

3. Slip each foot into waist and leg opening.
4. Pull each pant leg up so foot shows.

5. Repeat 3 and 4 with other leg.
6. Stand up and pull waist front up.
7. Reach in back and pull back up.